

# Participant Agreement and Group Expectations

Name: \_\_\_\_\_

Date: \_\_\_\_\_

The reason I think it is important for me to attend this group is:

---

---

---

---

---

---

---

---

**I agree to the following:**

1. Come to group drug and alcohol free
2. Be on time
3. Treat other group participants with respect
4. Participate in group activities
5. Complete practice activities outside of group
6. Keep an open mind
7. Maintain the confidentiality of my fellow group participants
8. Ask the facilitator for help or clarification when needed
9. Have fun while learning, and follow any additional group expectations, including:
10. \_\_\_\_\_
11. \_\_\_\_\_
12. \_\_\_\_\_

I agree to follow these expectations and understand that they are designed to help me get the most out of this program.

Sign Here: \_\_\_\_\_