

## Step 3 – Getting to the Source

Name: \_\_\_\_\_

Date: \_\_\_\_\_

*Develop a Behavior Chain (see Behavior Chain worksheet) for each of the risky situations that you identified. There should be a Behavior Chain for each of the high-risk situations you identified in for Step 2 of your Success Plan. The Behavior Chains should include the situation, thoughts, feelings, actions, and consequences.*