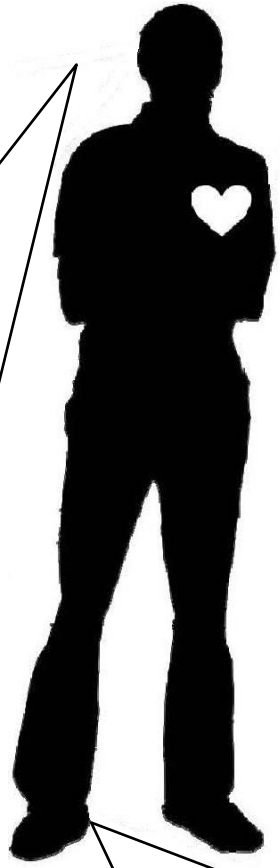
Behavior Chain

Name:_____ **Date:**_____

SITUATION

THOUGHTS



FEELINGS

ACTIONS

CONSEQUENCES

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