

## Past Leisure Activities

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Consider 8 of your past leisure activities, and whether each is risky. If the activity is risky, decide if you can change the activity to make it safe. If so, write changes you can make to the activity to reduce its risk.

Past Leisure Activities	Risky? Yes or No.	If Risky, Can I Modify it to Make it Safe? Yes or No.	Possible Modifications to Make it Less Risky
1) <i>Example:</i> <i>Going to Parties</i>	<i>Yes</i>	<i>Yes</i>	<i>Only go to parties that are alcohol and drug free.</i>
2)			
3)			
4)			
5)			
6)			
7)			
8)			