

Pre-Treatment Decisional Balance

Name: _____

Date: _____

Think about the pros and cons of engaging in this group treatment, and come up with as many different pros and cons as you can think of.

<u>Benefits of Not Engaging in Treatment</u>	<u>Costs of Not Engaging in Treatment</u>
<u>Costs or Difficulty in Engaging in Treatment</u>	<u>Benefits of Engaging in Treatment</u>