## PROGRAMS AND SERVICES: Room Restriction

Original Date Issued: 07-01-22 Replaces IMPP Issued: N/A CURRENT EFFECTIVE DATE: 07-01-22

Approved By:
 Secretary Next Scheduled Review: 04/2025

## POLICY

This policy is the agency guideline for the use of room restriction as a non-disciplinary resolution for minor misbehavior by residents.

Room restriction is a valuable technique for allowing a resident who is acting out or displaying negative behavior to have time away from the general population to regain his or her composure and to think through the consequences of his or her actions.

Proper use of this technique may assist in the prevention of serious behavioral disruption and may reduce the need to use more restrictive intervention.

## DEFINITIONS

Minor Misbehavior: Inappropriate behavior or unacceptable actions by a resident that are not immediately threatening to staff, self, others, or property.

Room Restriction: A non-disciplinary means of informally resolving a resident's minor misbehavior by placing the resident in a secure room, for not more than 60 minutes, until the resident is able to manage his or her behavior.

## PROCEDURES

I. Room Restriction
A. Corrections staff may place a resident who is acting out or displaying negative behavior and needs to be separated from the group in their assigned room on their living unit where he or she can regain control of his or her behavior.
B. Room restriction shall be used only for minor violations, or a "cooling off" period, and is intended to be of short duration to avoid restricting or denying program participation.
C. No restraints may be used while a resident is on room restriction.
II. Utilization of Room Restriction
A. Prior to placement on room restriction, staff shall:

1. Explain the reason for the room restriction to the resident;
a. Whenever possible, the discussion shall take place in a private setting. When a private setting is not available, the resident shall be afforded as much privacy as is possible under the circumstances.
b. The resident shall be advised of the expectations and his or her responsibilities while on room restriction.
2. The resident shall have an opportunity to explain his or her behavior;
3. The corrections staff placing the resident on room restriction shall designate the length of time that the resident will be on room restriction, which shall not exceed 60 minutes.
B. The resident shall be allowed to participate in helping corrections staff determine when to end the room restriction period.
C. All relevant information leading to the decision to place a resident on room restriction shall be documented in the unit electronic log as well as an incident report.
D. During room restriction, staff contact must be documented in the unit log and shall occur at least every 30 minutes, or more frequently, depending on:
4. The resident's emotional state;
5. The resident's interaction with staff; and
6. The resident's participation in the counseling process.
E. The resident shall be returned to the group when his or her negative behavior is under control, as determined by corrections staff.
7. If the resident is unable to regain control of his or her behavior within 60 minutes, the corrections staff shall contact their supervisor or shift supervisor for consideration for placement on administrative restrictive housing placement in accordance with IMPP 20108D, Protective Custody, and IMPP 20-104J, Purpose of Administrative Restrictive Housing and Appropriate Placements.
F. While on room restriction, the resident shall maintain all basic rights and shall not be deprived of his or her basic needs.

## III. Voluntary Request to Return to Room

A. Room restriction shall not be in effect when a resident voluntarily requests to return to his or her room as a means of avoiding peers or in order to regain self-control. In such a case, the resident shall have the right to leave his or her room upon his or her own decision following all guidelines of the facility.
IV. This IMPP shall serve as final policy on this subject and no facility orders shall be allowed on this subject.

NOTE: The policy and procedures set forth herein are intended to establish directives and guidelines for staff, residents and offenders and those entities that are contractually bound to adhere to them. They are not intended to establish State created liberty interests for employees, residents or offenders, or an independent duty owed by the Department of Corrections to employees, residents, offenders, or third parties. Similarly, those references to the standards of various accrediting entities as may be contained within this document are included solely to manifest the commonality of purpose and direction as shared by the content of the document and the content of the referenced standards. Any such references within this document neither imply accredited status by a Departmental facility or organizational unit, nor indicate compliance with the standards so cited. The policy and procedures contained within this document are intended to be compliant with all applicable statutes and/or regulatory requirements of the Federal Government and the state of Kansas. This policy and procedure are not intended to establish or create new constitutional rights or to enlarge or expand upon existing constitutional rights or duties.

## REPORTS

None.

## REFERENCES

IMPP 20-108D, 20-104J
HISTORY
07-01-22 Original

## ATTACHMENTS

None.

